



# Vivekananda College of Technology & Management

Approved By AICTE, New Delhi & Affiliated to Dr. A.P.J. Abdul Kalam Technical University, & BTE, Lucknow

Dated: 09<sup>th</sup> April 2020

Dear Students,

Pandemics are eventually transient & so is COVID - 19 pandemic. First thing to do as a responsible student and responsible Citizen of India is to keep the mind positive and not to panic at all. Our **Hon'ble Prime Minister has also said " No to Panic & Yes to precautions"** so please Stay at Home, Maintain Social Distancing & to follow the instructions of the Government and safety norms as you all have done till now.

Students as you know that faculties are constantly in touch with you all since 24<sup>th</sup> March 2020 onwards and continuously placing notes of the subjects on Whatsapp group classwise and solving your queries, problems & further taking online classes through 'Zoom App'. Here I & my faculty members are really appreciating the interest shown & hardwork done by you all. It is remarkable.

Now as per the directions issued by UGC vide letter No. F.No 1-1/2020 (Secy) dated 05<sup>th</sup> April 2020, we are sharing with you the video links of Ministry of Health & Family Welfare.

1. <https://www.youtube.com/watch?v=uHB3WJsLJ8s&feature=youtu.be>
2. <https://www.mohfw.gov.in/pdf/MindingourmindsduringCoronaeditedat.pdf>
3. <https://www.youtube.com/watch?v=iuKhtSehp24&feature=youtu.be>

Please do watch them.

Further to assist you all and for counseling and solving problems regarding **Mental Health & Psychosocial concerns** a group of faculty members have been made and I am sharing the names & their mobiles numbers with you.

S.No.	Name of Faculty	Mobile Number
1.	Mr. Pradeep Kumar Sharma	9411253585
2.	Mr. Deepak Gupta	9412818260
3.	Mr. Noor Ul Bashar	9897127606
4.	Mr. U.D. Khan	9690868808
5.	Mr. Jai Kishan Singh	9997778535
6.	Dr. Aisha Malik	7906853179
7.	Dr. Ajay Kumar Mahor	9412808481
8.	Dr. Sunil Kumar	9149286475
9.	Dr. Naseem Ahmad Khan	9359966724
10.	Ms. Priyanka Sengar	6397538605
11.	Mr. Ran Vijay Singh	7534002525
12.	Dr. Vineet Kumar Singh	9412273598

**So, Stay Healthy, Stay at Home, Stay Safe.**

(Dr. Udai Shankar)  
Director  
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